

3rd Annual DIRTY dash

8 KM, 4 KM & 1 KM Kids Fun Run

Sunday, July 15, 2012



Special Olympics
Ontario
Kitchener-Waterloo

OFFICIAL PLEDGE FORM

ALL PLEDGES DONATED TO THE SPECIAL OLYMPICS ONTARIO KITCHENER-WATERLOO

Participant Name:		Full Postal Address:		Phone:	
Sponsor's Name		Full Address (please print clearly and indicate if a tax receipt is required ✓) Street City Postal Code		Amount Pledged *	Tax Rec.* ✓
1				.	
2				.	
3				.	
4				.	
5				.	
6				.	
7				.	
8				.	
9				.	
10				.	
11				.	
12				.	
Total Pledges Collected on this sheet (photocopy additional sheets if required)				.	

3rd Annual

DIRTY dash

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ANOTHER WATERLOO RUNNING SERIES EVENT

facebook.com/RunWaterloo

8 KM, 4 KM & 1 KM Kids Fun Run



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DONATED TO



Special Olympics
Ontario
Kitchener-Waterloo

Sunday, July 15, 2012 8 KM 9:00 am • 4 KM 10:00 am • Kids Fun Run 11:00 am Bechtel Park, Waterloo

Please make cheques payable to "The Dirty Dash".
Post-dated cheques will NOT be accepted.
Entry fees are non-refundable and non-transferrable.

Send completed entry form with cheque or money order to:
"THE DIRTY DASH"
2 WEBERLYN CRESCENT, CONESTOGO, ON N0B 1N0

* For pledges of \$20 or more, indicate (✓) if a tax receipt is required.

PHOTOCOPIES OF THIS FORM ARE ACCEPTABLE. ONLY ONE PARTICIPANT PER FORM.

THE 2012 "Dirty Dash" ENTRY AND WAIVER FORMS

In consideration of your acceptance of my entry, I hereby, on behalf of myself, my heirs, executors, administrators and assigns, waive and release all rights and claims for damages that I may have against The Regional Municipality of Waterloo, the Corporation of the City of Waterloo, and any sponsors or organizers and all their respective agents and representatives as a result of my participation in this event. I specifically acknowledge that I have read the above warning and understand it, that I am physically fit and sufficiently trained to participate in this event, and that I have full knowledge of the risks involved in such participation, and fully accept such risks. By submitting this, I acknowledge having read, and understood, and agreed to the above waiver, release and indemnification. I also consent to the reproduction of any photographs in any advertising or promotions. IMPORTANT NOTE: The Signatory acknowledges that this event is organized and operated by THE WATERLOO 10 KM CLASSIC ROAD RACE INC., a non-share capital corporation incorporated under the laws of the Province of Ontario and all rights and remedies shall be governed accordingly.

FIRST Name		
LAST Name		
Street Address & Apartment #		
Town		
Province	Postal Code	Email Address
Area Code	Telephone Number	For Office Use Only

EVENT ENTERED:	8 KM Run <input type="checkbox"/> \$35	1 KM Kids Fun Run <input type="checkbox"/> \$25
(CHECK ONE ONLY)	4 KM Run <input type="checkbox"/> \$30	(12 & under)

Signature	Date
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This Waiver Form must be signed or your Entry will NOT be accepted.
The Entrant acknowledges that entry fees are non-refundable and non-transferrable.
If the Entrant is under 18 years of age, a parent/guardian must sign this Waiver Form. The above parent/guardian consents to the Entrant's participation in the event and acknowledges that he/she is bound by the Waiver Form to the same extent as the Entrant.

8 KM & 4 KM TEAM CATEGORIES	TEAM NAME
Parent / Child	
Spouses	
Corporate (min 3 person team)	
School (min 3 person team)	

Sex (M/F): <input type="checkbox"/>	Age On Race Day: <input type="text"/>	Preferred T-Shirt Size: (Unisex - XS,S,M,L,XL) <input type="text"/>
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ONLY if entering Weight Category, check

Male - 180-199 lbs <input type="checkbox"/>	Male - 200+ lbs <input type="checkbox"/>
Female - 130-139 lbs <input type="checkbox"/>	Female - 140+ lbs <input type="checkbox"/>

SPONSORED BY



HIGHLIGHTS

FREE Technical T-Shirt to the 1st 500 Entrants

GREAT Draw Prizes

FANTASTIC Fundraising Prizes

EXPERT CHIP Timing and Results

FREE Completion Certificate with the "2012 Completion Sticker" (Collect each years' sticker to complete your certificate)

ENJOY Family, Fitness, Friendship and Fun

FREE Fabulous Post-Race Refreshments with Musical Entertainment

FOR "dirty" RUNNERS, JOGGERS, WALKERS & FAMILIES OF ALL AGES & ABILITIES

ENTRY FEES

8 KM \$35 4 KM \$30 1 KM Kids Fun Run \$25 (12 & under)

Entry fees are non-refundable and non-transferrable.

Family rate for 3 people in the same family is \$85 (each additional person in the same family is an additional \$10 per person. For example, 4 people is \$95).

REGISTRATION OPTIONS

Deadline For Mail-In or Drop-Off entries is Tuesday, July 10. After that date, entries will be accepted on Saturday, July 14 or Sunday, July 15 as below:

Mail-In Mail your completed entry form with your entry fee to: 2 Weberlyn Crescent, Conestogo, ON N0B 1N0

Drop-Off At *Runners' Choice*, 255 King St. N., Waterloo

Online www.RunWaterloo.com until Wednesday, July 11, 6:00 p.m.

Sat. July 14 At *Runners' Choice*, 255 King St. N., Waterloo from 10:00 a.m. - 2:00 p.m.

Sun. July 15 *Bechtel Park*, Waterloo from 7:30 a.m. - 8:45 a.m.

KIT & CHIP PICK UP

Race Kits Can be picked up at: *Runners' Choice*, Saturday, July 14, 10:00 a.m. - 2:00 p.m. *Bechtel Park*, Sunday, July 15, 7:30 a.m. - 8:45 a.m.

Timing CHIPS Must be picked up race day at *Bechtel Park* from 7:00 a.m. - 8:45 a.m. (for 8 KM and 4 KM events only)

INDIVIDUAL CATEGORIES (AGE OR WEIGHT) & TEAM CATEGORIES

AGE CATEGORIES

Up to 12	40 - 44
13 - 15	45 - 49
16 - 19	50 - 54
20 - 24	55 - 59
25 - 29	60 - 64
30 - 34	65 - 69
35 - 39	70 +

WEIGHT CATEGORIES

Male	180-199 lbs	200 + lbs
Female	130-139 lbs	140 + lbs

TEAM CATEGORIES

- Parent / Child
- Spouses
- Corporate (min 3 person team)
- School (min 3 person team)

PHOTOS

Check out our website at www.RunWaterloo.com for thousands of race photos - all free to download.

THE 2012 WATERLOO RUNNING SERIES – MARK YOUR CALENDAR!

The "Re-Fridgee-Eighter" 8 KM or 8 Mile Run & 3 KM Fun Run	The Economical ENDURace 5 KM & 8 KM Running Series & 2.5 KM Fun Runs	The Waterloo Classic Road Races 10 KM, 5 KM & 3 KM Run	The Dirty Dash 8 KM, 4 KM & 1 KM Kids Fun Run	The ENDURun International 160 KM	Laurier Loop 10 KM, 5 KM, 2.5 KM & Relay Road Races	The Oktoberfest Run 10 KM & 5 KM Run	The Santa Pur-suit 5 KM, 3 KM & 1 KM Run
A Frosty Favourite	Can you ENDURE it?	Fun in the Sun	We Hope it Rains	The "Tour de France" of Running	"Round" up Friends	A Fall Classic	Suit Up!
February 12	April 21 & 28	June 17	July 15	August 12-19	September 30	October 14	December 1

FOR ADDITIONAL FUN

Soak your dirty friends! Water guns will be available at the mud pit for a donation. All donations in support of Special Olympics.

POST RACE

Enjoy a post race massage, musical entertainment, draw prizes and a variety of refreshments following your run.



DRAW PRIZES

Grand Prize Draw: Beautiful T-Shirt Quilt

Also hundreds of dollars of merchandise – everyone is eligible. Winners must be present to claim prizes.

AWARDS (8 KM & 4 KM EVENTS)

Will be presented to the top 3 overall Male & Female, Open & Masters (age 40+), and to the top 3 Male & Female finishers in each age & weight category, and to 1st place in each Team Category.

Additional Awards will be presented to:
MOST ORIGINAL OUTFIT (individual and team),
DIRTIEST (male and female),
BEST MUD PIT PERFORMANCE (individual and team),
CRAZIEST HAIR (after mud pit),
DIRTIEST MUG (face) and
MOST OUTSTANDING BELLY SLIDE

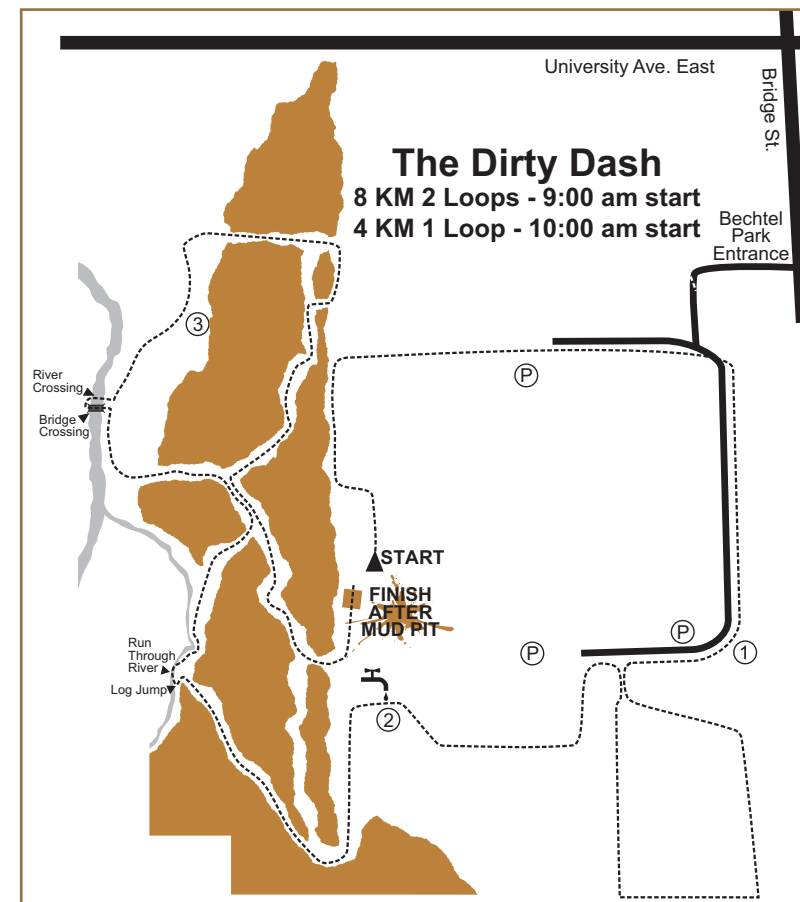
RESULTS

Computerized timing and race results by ChipTime Results. Results will be available race day, and after the race at *Runners' Choice* and on the Websites: www.roadraceresults.com www.RunWaterloo.com
www.chiptimeresults.com www.runnerschoicewat.on.ca

INFORMATION

Contact Lloyd Schmidt, Race Director:
Telephone: 226-750-0017 **Email:** info@RunWaterloo.com
Mail: 2 Weberlyn Cres., Conestogo ON N0B 1N0

COURSES - THE DIRTY DETAILS



COURSE DIRTY DETAILS

- Each KM will be clearly marked.
- Waterloo Regional REACT, First Aid and clearly identified volunteers will assist you every muddy step of the way.
- The finish line for all races is at the end of the mud pit. 8 KM participants do not go through the mud pit at the end of the first 4 KM loop.

YOUR DIRTY CHECKLIST

- Running shoes and clothes. Hint: you might not want to wear your "best" shoes or clothes during the race!
- Bag to carry home your dirty clothes.
- A towel or two.
- Change of clothing.
- Car seat covers.
- Family and friends to watch your Dirty Dash.
- Change tents for men and women.
- Outdoor showers. Mud.
- Bag Check. We hope it rains.

Directions to The Dirty Dash at Bechtel Park:
 From Hwy 401 take exit 278 (from Toronto) or exit 278B (from London) to Hwy 8 West Kitchener. Exit at Hwy 85 Waterloo. Exit at University Ave. East (first University Ave. exit). Turn right at Bridge Street. Turn right at Bechtel Park entrance.

COLLECT FANTASTIC PRIZES WITH A PLEDGE OF YOUR SUPPORT!

Minimum \$50 Pledge	Minimum \$100 Pledge	Minimum \$250 Pledge	Minimum \$400 Pledge	Top 3 Fundraisers
Free Saucony CoolMax® Socks	Free Entry plus Socks	\$100 Saucony Gift Certificate at Runners' Choice plus Socks and Free Entry	\$200 Saucony Gift Certificate at Runners' Choice plus Socks and Free Entry	1st - Flat Screen TV 2nd - BBQ 3rd - Bike
(value \$5)	(value \$35)	(value \$135)	(value \$235)	

The Sponsors recognized on this entry form have generously contributed financial support, products and/or services to The Dirty Dash and we encourage your ongoing support of these generous companies and organizations.



ALL PLEDGES DONATED TO

Special Olympics Ontario Kitchener-Waterloo is a completely volunteer driven organization that provides year-round opportunities in sports training and athlete competition for children and adults with intellectual disabilities.

Special Olympics is founded on the belief that people with intellectual disabilities can, with proper instruction and encouragement, learn, enjoy and benefit from participation in individual and team sports.

Special Olympics believes that through sports training and competition, people with intellectual disabilities benefit physically, mentally, socially and spiritually; and that the community - through participation and observation - is united in understanding people with intellectual disabilities in an environment of equality, respect and acceptance

Special Olympics Ontario Registered Charitable Number 11906 8435 RR0001

For more information, please visit: <http://www.kwspecialolympics.org/>